

# RISK MANAGEMENT APPROACH TO RUGBY SAFETY



DON'T LET **NEGLIGENCE** COME BACK TO BITE YOU!  
BE PROACTIVE, BE INFORMED, AND **DO WHAT IS RIGHT** BY YOUR PLAYERS.  
**PLAYER SAFETY** ALWAYS COMES FIRST. LET'S AIM FOR **ZERO** TOGETHER.

## REASONABLE STANDARD OF EXPECTATION NEGLIGENCE

### DUTY OF CARE

- Coaches BokSmart Certified
- Referees and Assistant Referees BokSmart Certified
- Emergency Action Plans in place for both practices and matches
- Rugby body, club or school compliance with all rugby safety related regulations
  - SA Rugby Regulations pertaining to Under-Aged Rugby: Adult Rugby
  - SA Rugby Regulations pertaining to Under-Aged Rugby: School Rugby Age-Banding
  - SA Rugby Regulations pertaining to Under-Aged Rugby: Sevens Rugby
  - SA Rugby Regulations for the BokSmart Rugby Safety Programme at all Levels of Rugby
  - SA Rugby Concussion Regulations
  - SA Rugby Anti-doping Regulations
  - SA Rugby Minimum Medical Requirements for Rugby
  - SA Rugby Field Safety standard requirements for rugby to take place

### EXTERNAL CONTROLS

- Referee per-match Field Safety Inspections prior to kick off
- Referee individual match audits before kick off
- Per-match Team Sheet review by referees prior to kick off
- Referee checks for under-aged or over-aged players and clearance documentation prior to kick off
- Independent auditing of match days by Union auditors
- Comprehensive safety audits of Clubs and Schools by Union auditors

## PLAYER SAFETY



### INTERNAL CONTROLS

- Age appropriate players placed in correct age groups prior to selection
- Technical table for controlling of all match day information and regulation compliance by hosting body
- Team Sheets checked and reviewed for correct player ages
- Coach and Referee BokSmart Certification checks by hosting body
- First Aider or Rugby Medic present and visible for every match played
- Emergency Spinal Immobilisation Equipment (Spinal Board, Neck Collar, Spider Harness, Head Blocks) present and visible
- Emergency Action Plan (EAP) in place and accessible
- Field Safety Inspections and adjustments made prior to matches
- Crowd control checked



**BokSmart**  
WINNERS PLAY SMART

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