

**SCHEDULE B - ADDITIONAL EXEMPTION INFORMATION FORM REQUIRED FOR FRONT ROW PLAYERS TO BE SUBMITTED TOGETHER WITH SCHEDULE A and SCHEDULE C where applicable**

COMPLETED FORM MUST BE SUBMITTED TO YOUR PROVINCIAL UNION MANAGER OF SCHOOLS RUGBY OR BOKSMART REPRESENTATIVE

**SECTION A: TO BE COMPLETED BY THE PLAYER (PRINT CLEARLY)**

Full Names:			
ID Number:		Competition/Province	
Date of birth:		Current Age-grade e.g., U16 – (15-year-old)	
Club/School Name		Age-grade applied for e.g., U18	
Playing position:		Contact Number:	
Number of years' experience playing at this position		Email address:	

The coach has to assess the player against the following considerations. If there are any **NO** answers to any of the considerations, except for the question, "Did the player miss any games last year as a result of a significant head, neck or spine injury?" where a **YES** answer would apply, and without the exceptions controlled for in **SCHEDULE C**, the player should **NOT** be allowed to participate in the Age-grade applied for, as this indicates an increased risk to safe participation in the Proposed Age-grade.

Where indicated as **NO<sup>c</sup>** the player must complete and be signed off against the additional **SCHEDULE C**.

**Please Note:** In exceptional cases, a player's physical, emotional, motor and cognitive development, skill level and experience, may be such that he/she may be allowed to participate in an Age-grade above his/her current two-year age-band. However, within the year in question, he/she, in keeping with the "Minimum Age" definition may **not** participate in an Age-grade greater than three years above his/her age on the 1<sup>st</sup> day of January of that year.

The coach performing this assessment on the player shall have no less than a World Rugby Level 2 Coaching qualification. Not having a World Rugby Level 2 qualification therefore does not qualify the Coach, to competently and objectively assess the player's capabilities. Furthermore, the coach has to have an active BokSmart Certification status.

**SECTION B: PLAYING SKILL AND EXPERIENCE (PRINT CLEARLY)**

– to be completed by the COACH in consultation with the PLAYER and their PARENT(S)/LEGAL GUARDIAN(S)

Has the player played more than two consecutive seasons/years in the front row?	YES	NO
Has the player played more than two consecutive seasons/years in their current front row position?	YES	NO
Did the player play in the front row last year?	YES	<b>NO<sup>c</sup></b>
Did the player play a full season in the last year in the front row?	YES	<b>NO<sup>c</sup></b>
Did the player miss any games last year as a result of a significant head, neck or spine injury?	YES	NO
Knowing the increased risk of front row positions, can the player compete safely in his/her nominated position, and is the player at no more risk of serious and catastrophic head, neck or cervical spine injury than any of the other participants in the age-division applied for?	YES	NO

**NB – Rugby medical research studies have indicated that players in the front row, especially the hooker, are exposed to an increased risk of catastrophic head, neck or cervical spine injuries, and that the head, neck and spine injuries in these positions and in the scrum are generally more severe.**

**SECTION C: LEVEL OF COACHING AND TRAINING RECEIVED IN THE FRONT ROW POSITION (PRINT CLEARLY)**

– to be completed by the COACH

Has the player received any form of specialised front row coaching over the last two years?	YES	<b>NO<sup>c</sup></b>
Has the player received any form of specialised front row technical conditioning over the last two years?	YES	<b>NO<sup>c</sup></b>
Does the player have the necessary technical experience and ability to compete safely in the front row?	YES	NO

**SECTION D: STRENGTH AND CONDITIONING BACKGROUND (PRINT CLEARLY)**

– to be completed by the COACH in consultation with the PLAYER and their PARENT(S)/LEGAL GUARDIAN(S)

Does the player undertake regular strength and conditioning i.e., more than 2 x per week?	YES	NO
Has the player participated in a structured pre-season preparation programme of more than 1 month prior to participation?	YES	NO
Has the player participated in regular strength training over the last two years?	YES	NO
Have you as coach, reviewed, and monitored the player's strength training programme and are you satisfied that they are suitably conditioned to play in the front row at the Age-grade indicated?	YES	NO
Does the player undertake regular NECK strengthening and conditioning i.e., more than 2 x per week?	YES	NO
What is the player's current weight in kilograms?		Kg
What is the player's current height in Centimetres?		Cm
What is the player's current bench press 1RM in kilograms?		Kg

**SECTION D: DECLARATION OF TRUTH (PRINT CLEARLY)**

I hereby confirm and declare that all the information provided is accurate and correct, and understand that should any false information be provided, that there may be legal ramifications.

Signature of player:		Date:	
Signature of parent or legal guardian as specified in SCHEDULE A:		Date:	
Signature of World Rugby Level 2 Coach as specified in SCHEDULE A:		Date:	

**SECTION E: TO BE COMPLETED BY THE PROVINCIAL UNION'S MANAGER OF SCHOOLS RUGBY (PRINT CLEARLY)**

Full names:			
ID Number:		Contact Number:	

I hereby confirm that:

- I have received all the necessary and completed **SCHEDULE A** and **SCHEDULE B** documentation as required by the School Age-banding exemption policy for **FRONT ROW PLAYERS** and confirm that all stipulations have been met for clearance. Where **SCHEDULE C** is required, signatures of clearance will only be provided on **SCHEDULE C** confirmation and acceptance.
- I have also received Certified Copies of the applying Coach's Identity document, World Rugby Level 2 (or above) coaching qualification and active BokSmart Certification status, in application for exemption of the two-year window for the player mentioned above, and within the restrictions of the three (3) year maximum window stipulations
- I further acknowledge that all records of the Consent and this application are kept on file at the Union offices and that the office, the player's parents or legal guardian and the coach have received copies of the completed exemption documentation

Signature:		Date:	
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